



NBRC Gym Schedule

August



****NBRC CLOSED for annual shutdown 8/22-8/28****

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday*				
6:00am	Open Gym 6:00-7:30	Open Gym 6:00-7:30	Open Gym 6:00-7:30	Open Gym 6:00-7:30	Open Gym 6:00-7:30	Open Gym 6:30-8:30					
6:30am											
7:00am											
7:30am	Drop-in Fit For Life 7:30-8:30	Drop-in MRT 7:30-8:30	Drop-in Fit For Life 7:30-8:30	Drop-in MRT 7:30-8:30	Drop-in Fit For Life 7:30-8:30		Open Gym				
8:00am	Drop-in Pickleball 8:30-10:30	Open Gym 8:30-1:00	Drop-in Pickleball 8:30-10:30	Open Gym 8:30-1:00	Drop-in Pickleball 8:30-10:30	Barbell Circuit 8:30-9:30	Drop-in CoEd Volleyball 8:00-12:00 No Volleyball on 8/21				
8:30am											
9:00am											
9:30am						Open Gym					
10:00am						Drop-In Ayre 10:15-11:15					
10:30am	Drop-in Fit For Life 10:30-11:30		Drop-in Fit For Life 10:30-11:30		Drop-in Fit For Life 10:30-11:30						
11:00am	Drop-in Adult Basketball 11:30-1:30	Drop-in Senior Basketball 1:00-2:30	Drop-in Adult Basketball 11:30-1:30	Drop-in Senior Basketball 1:00-2:30	Drop-in Adult Basketball 11:30-1:30	Open Gym 11:15-7:00	Open Gym 12:00-8:00				
11:30am											
12:00pm											
12:30pm											
1:00pm											
1:30pm	Open Gym		Open Gym		Open Gym						
2:00pm	Camps 2:00-4:30	Camps 2:30-4:30	Camps 2:00-4:30	Camps 2:30-4:30	Camps 2:00-4:30						
2:30pm											
3:00pm											
3:30pm											
4:00pm											
4:30pm	Open Gym 4:30-9:30	Open Gym 4:30-6:00	Open Gym 4:30-7:00	Open Gym 4:30-6:00	Open Gym 4:30-7:30						
5:00pm											
5:30pm											
6:00pm		Women's Wkt 6:00-7:00		Women's Wkt 6:00-7:00							
6:30pm		Men's Basketball League 7:00-10:00	Drop-in Adult Basketball 7:00-9:00	Men's Basketball League 7:00-10:00							
7:00pm											
7:30pm											
8:00pm			Open Gym								
8:30pm											
9:00pm											
9:30pm		*The Basketball gym will be closed 8/21-8/28 for resurfacing*									

The Basketball gym will be closed 8/21-8/28 for resurfacing

GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-413-7260 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)